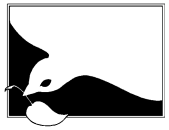
This workshop will help you . . .

- Learn how you as a leader can influence the health of your congregation – how to detect and avoid unhealthy patterns of living together in community.
- Learn how to keep anxiety from becoming infectious.
- Gain confidence in responding to challenges and opportunities.
- Learn how to put limits on invasive behavior, manage reactivity, and overcome sabotage.
- Discover how leaders can function as the congregation's immune system.
- Learn to focus on strengths, resources, options, and the future.



Other LMPC Programs:

The ***Mediation Skills Training Institute for Church Leaders*** equips leaders with strategies for addressing interpersonal, small group, and congregational conflicts.

Clergy Clinic in Family Emotional Process is designed to enhance the ability of participants to function as self-differentiated leaders in their ministry setting. The clinic meets three times during the year for three days each time.

For information and dates: **www.LMPeaceCenter.org**

About the Workshop:

The ***Healthy Congregations*** workshop uses the insights of family systems theory to help church leaders and all members become more effective stewards of their congregation's health. The workshop was developed by Dr. Peter Steinke and is based on the work of Dr. Edwin Friedman, author of *Generation to Generation: Family Process in Church and Synagogue.*

Since the publication of *Generation to Generation*, many pastors have come to recognize the importance of understanding family systems theory as it relates to congregations. The ***Healthy Congregations*** workshop helps both leaders and all church members expand their insight into how churches function as emotional systems.

Friedman noted that in many congregations today negative, reactive forces are allowed to set the agenda for the church. What can be done to prevent anxiety from becoming a toxic force in your congregation? The ***Healthy Congregations*** workshop is designed to equip leaders to respond to the presence or potential threat of anxiety in a congregational system in ways that prevent destructive conflict and help the church stay focused on its unique mission and purpose.

"...So we, though many, are one body in Christ, and individually members one of another." (Romans 12:5)

Healthy Congregations



June 11, 2016
Saturday
8:00a.m. to 4:30 p.m.

Edwards Congregational UCC
3420 Jersey Ridge Rd
Davenport, IA 52807
Rev. Dr. Christine Isham, Senior Pastor

Sponsored by
Edwards Congregational UCC

Led by
Bill Blank, Associate Director
Lombard Mennonite Peace Center

Who Will Benefit:

The workshop is designed for:

- Pastors and other church staff, lay leaders, all congregation members.
- Anyone interested in enhancing their capacity to manage self in a non-anxious and responsible way, whether in the church, the home, the workplace, or the community.

Workshop Leader:

Bill Blank is Associate Director of Lombard Mennonite Peace Center (LMPC) in Lombard, IL. He is an ordained minister in the Mennonite Church and has served as a pastor and interim pastor. He has participated in the *Postgraduate Program in Bowen Family Systems Theory and Its Applications* at the Bowen Center for the Study of the Family in Washington D.C. He has experience as a mediator, trainer and church consultant as well as providing coaching for pastors and church leaders.

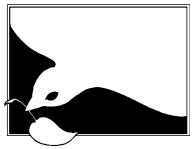
Registration:

The registration fee (includes manual, lunch and refreshments) is $95 per person. **Early bird registration prior** to May 15, 2016, is $80.

Couples Discount: If you are attending with a spouse or partner and wish to share a manual, the cost for the second person is $70.

Cancellations: Full refunds before May 30; After May 30 $25 fee per person.

Workshop Schedule:



Saturday, June 11, 2016

8:00-8:30	Registration
8:30-10:15	***What is Systems Thinking?***
	Video Case Study: "The Anxious Congregation / The Responsible Congregation
10:15-10:30	Break
10:30-12:15	***Healthy Congregations Respond to Anxiety***
	Healthy Invite Differentiation of Self
12:15-1:15	Lunch (served on-site)
1150-3:00	***Healthy Congregations Focus on Strength***
	Healthy Congregations Manage Conflict
2:30-2:45	Break
2:45-4:30	***In Healthy Congregations, Leaders Challenge People***
	In Healthy Congregations, Leaders Focus on Mission
	In Healthy Congregations, Leaders Promote Health Through Their Presence and Functioning
	Planning For a Healthier Congregation

Workshop Location:

Edwards Congregational UCC
3420 Jersey Ridge Rd.
Davenport, IA 52807
edwards-ucc.org ~ 563-359-0331

Registration Form:

Healthy Congregations

Davenport, IA
Saturday, June 11, 2016

To register, clip this form and return it to the church office. You may also call in your registration to the church at 563-359-0331. Payment due at time of registration.

Mail registration form to:
Edwards Congregational UCC
3420 Jersey Ridge Rd
Davenport, IA 52807

Name (s) _____

Address _____

City_____

State _____ Zip _____

Phone _____

Email _____

____ Yes! Please register me for the ***Healthy Congregations*** workshop. I've enclosed $ ____ for one person (manual and lunch).

____ Yes! Please register us for the ***Healthy Congregations*** workshop as a couple; we will be sharing a manual. We've enclosed $____ for two persons (one manual, two lunches).

Special dietary needs: _____