

CENTER FOR Courage & Renewal

Habits of the Heart for Healthy Congregations: Liberating the Voice of Courage

A Courage & Renewal® Retreat with Parker J. Palmer

August 1-4, 2016 near Chicago, IL

Habits of the Heart for Healthy Congregations is an annual retreat for clergy and faith leaders who seek **renewed sense of purpose, courage to lead from within,** and **practices for better belonging.** Our focus for the 2016 retreat is on the habit of developing a sense of voice and agency.

At this retreat you will learn new skills for fostering leadership – both within yourselves and among others – for the sake of revitalizing faith communities locally and globally. Join like-minded peers and discover ways to renew your spirit and the spirit of your community of faith. Teams are encouraged to attend together to be able to apply shared learnings in your local contexts.

This retreat welcomes people from all religious traditions and walks of life, although most participants are clergy and congregational leaders from the Christian faith.

RETREAT AGENDA

- Parker Palmer will lead an in-person session on the first full day of the event to speak about the "habits of the heart" and help us explore their relevance to the health of congregations and people of faith;
- Trained Courage & Renewal Facilitators will use the Circle of Trust® approach to guide individual reflection, small group sharing, and large group dialogue;
- You will have free time to explore practices that deepen your own spiritual growth and to create connections with each other that sustain communities of mutual support;
- You will gather together to learn from one another through teaching, reflection, conversation, and singing. On our last night, voice coach Barbara McAfee will lead us in a musical exploration of our "Full Voice."

Parker Palmer's FIVE HABITS OF THE HEART

1 – An understanding that we are all in this together.

2 – An appreciation of the value of "otherness."

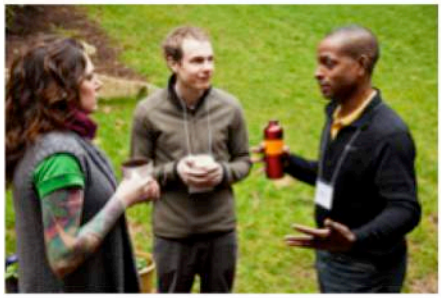
3 – An ability to hold tension in life-giving ways.

4 – A sense of personal voice and agency.

5 – A capacity to create community.

Learn more at **www.couragerenewal.org/habitsforhealthycongregations**









> What I found in the Habits of the Heart is an absolutely vital, relevant, real-time tool for both the work I personally want to do to grow as a leader and to encourage the wisdom and growth in those with whom I work.
>
> *-Rev. Teena Racheli, 2013 retreat participant, United Methodist Minister in Wisconsin*

PROGRAM DETAILS

WHEN: Monday, August 1 to Thursday, August 4, 2016. Retreat begins at 3 PM Monday and concludes at 12 PM Thursday with lunch.

WHERE: Techny Towers and Retreat Center is located a short 25 minute drive from Chicago's O'Hare Airport, at 2001 Waukegan Rd, Techny, Illinois 60062.

PROGRAM FEES: Combine tuition and lodging & meals rates below.

1. TUITION

$450 Early Bird Tuition if registered and paid in full* by May 1st

**If registered at the early bird rate and the entire amount due is not paid in full by May 1, the tuition increases to the regular rate.*

$550 Regular Rate Tuition after May 1st.

2. LODGING & MEALS

$445 Single hotel-style room with **private bath**
$395 Single dormitory-style room with **shared bath**
$345 Double hotel-style room with **private bath**
$**175 Commuter** rate (meals only)

All rates are based on actual venue costs.

Before registering…

CONSIDER: Most participants prefer a single room for rest and renewal. Before registering for a double, consider whether your sleeping habits would be easily compatible with a roommate.

TRAVEL: You will be responsible for travel to and from the event. Many participants prefer to arrive a day early and/or stay a day after to give themselves a deeper experience of rest and renewal. Please contact the venue directly at 847-272-1100 to inquire about booking additional nights of accommodation onsite.

FINANCIAL AID: The Center for Courage & Renewal is committed to making its programs available to people of all financial means. We offer **Financial Aid to partially offset the cost of tuition** and we also have **payment plan options**. www.couragerenewal.org/financialaid

CANCELLATION POLICY: We understand that life challenges emerge and changes happen. If you must cancel, you can receive a full refund minus the non-refundable $100 deposit when you **notify the Center at least one month before the program begins.** Barring exceptional emergencies, no refund can be given for cancellations received less than one month before the first retreat. http://www.couragerenewal.org/cancellation-policy

QUESTIONS? Contact Erin Lane
erin@couragerenewal.org or call (206) 466-2055

Register Online:
http://www.cvent.com/d/ffqljw

Early Bird savings expire May 1st